2015

CHINESE HEALTH DAY

To promote healthy lifestyles and to increase cross-cultural awareness on the University of Arizona campus and in surrounding communities, the Confucius Institute at the University of Arizona will once again convene its annual “Chinese Health Day” on April 4th, 2015, co-sponsored by the University of Arizona Mel and Enid Zuckerman College of Public Health.

Activities:
○ Introductions to Traditional Chinese Medicine and Chinese massage
○ Information-sharing on health services & health assessments and screening
○ Hands-on training of CPR
○ Healthy lifestyle games and demonstrations
○ Performances of Chinese martial arts, music and dance
○ A traditional Chinese Lion Dance & fashion show
○ A healthy Chinese food preparation show and Chinese food tasting
○ Calligraphy exhibition & Easter egg painting with Chinese characters
○ More...

It is a fun day for people of all ages to enjoy the beautiful Tucson spring and to experience health promotion activities.

Organized and Sponsored by
Confucius Institute at the University of Arizona (CIUA)

Co-sponsored by
Mel and Enid Zuckerman College of Public Health (MEZCOPH)

Saturday,
April 4th 2015
9:00 am — 1:00 pm
University of Arizona Mall